



Bringing people  
together for  
over 30 years.

Our purpose is to transform lives through behavioral health and wellbeing engagement. IBH delivers innovative solutions through clinical expertise, coordinated care, and customer service excellence.

With a focus on positive outcomes through clinically validated methods and tools, we minimize risk and control costs for organizations while improving the lives for the people we help.



#### **Technology Tools and Data Analytics**

We apply real-world, proprietary technology and data analytics to drive public health improvements and population wellbeing.



#### **Evidence-Based Clinical Methodologies**

Our clinical model identifies and engages people to achieve proven outcomes of long-term recovery from behavioral health conditions.



#### **Robust National and Regional Capabilities**

Customer and clinical services span the country through regional offices, a national provider network, and 24/7 call centers.

# Changing behaviors through clinical care and technology.

## Areas of Expertise

- Assistance Programs
- Behavioral Health
- Engagement and Coaching



Our approach is to Engage, Assess, and Assist people and populations. Each of our solutions are built and delivered based on these principles. We take a data driven, member-centric approach and provide a digital platform for outcome-based health management.

### Assistance Programs

Programs to help people and organizations solve problems, balance priorities, and work better.

- Employee Assistance Programs
- Student Assistance Programs
- First Responder Programs
- Fitness for Duty Evaluations
- Pre-Employment Screenings

### Behavioral Health

Solutions to keep employees stable, safe, and on the job, while minimizing risks and costs for organizations.

- Utilization Review
- Managed Behavioral Health
- Specialty Case Management
- Occupational Health
- Opioid Risk Management
- Substance Use Monitoring

### Engagement and Coaching

Access to additional services with personalized resources to yield more value from behavioral health resources.

- Health Risk Assessments
- Behavior Coaching
- Health Coaching
- Wellness
- Maternity Management
- Resilience Coaching

Join us as we work together to change the status quo by bridging technology and clinical expertise without comprising the value of personal interactions.



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